

FJCC NEWSLETTER



RABBI - ERIC COHEN

PRESIDENT - BRUCE MOSKOVITZ

NEWSLETTER EDITOR - E. M. SPINOWITZ

From the Rabbi

The Ripple Effect

President's Letter

Bicycles are the New Jewish Icebreakers

Hebrew School is Back!

HIGH HOLY DAYS SCHEDULE

Jewish Blogs to Follow NOW

Rosh Hoshannah Recipes AND MORE...



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COMMUNITY CENTER**

Established 1926

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ERIC S. COHEN, PHD - Rabbi
BRUCE L. MOSKOVITZ, MD - President

2021 - 5782 SCHEDULE OF HIGH HOLIDAYS

Selichot

SATURDAY, AUGUST 28TH

Study Session 8:00 PM
Services 9:00 PM

Erev Rosh Hashanah

MONDAY, SEPTEMBER 6TH

Services 7:30 PM
Candle lighting 7:04 PM

Rosh Hashanah - Day 1

TUESDAY, SEPTEMBER 7TH

Day-time Services 8:30 AM
Junior Congregation 10:30 AM - 12:00 PM

Rosh Hashanah - Day 2

TUESDAY, SEPTEMBER 8TH

Evening Services 7:30 PM
Candle lighting 8:03 PM

WEDNESDAY, SEPTEMBER 9TH

Daytime Services 8:30 AM

Fast of Gedaliah

THURSDAY, SEPTEMBER 9TH

Yom Kippur Eve - Kol Nidre

WEDNESDAY, SEPTEMBER 15TH

Services 6:30 PM
Candle lighting 6:49 PM



Yom Kippur

THURSDAY, SEPTEMBER 16TH

Services 8:15 AM
Yizkor 10:30 AM
Junior Congregation 11:00 AM - 12:30 PM
Babysitting 11:00 AM - 12:30 PM
Minchah 5:30 PM
Neilah 6:45 PM
Fast Ends 7:48 PM

**Babysitting (when available) for children age 5 and under.*

Sukkot 1 and 2

MONDAY, SEPTEMBER 20TH

Services 7:30 PM

TUESDAY, SEPTEMBER 21ST

Services 9:15 AM & 7:00 PM

WEDNESDAY, SEPTEMBER 22ND

Services 9:15 AM

Hoshanah Rabbah

MONDAY SEPTEMBER 27TH

Services 9:15 AM

Shemini Atzeret

MONDAY, SEPTEMBER 27TH

Services 7:30 PM

TUESDAY, SEPTEMBER 28TH

Services 9:15 AM

Simchat Torah

TUESDAY, SEPTEMBER 28TH

Service 7:30 PM

WEDNESDAY, SEPTEMBER 29TH

Services 9:15 AM

All services will be streamed at
blacklabimaging.net/fjcc this year. We will not be
using Zoom for the High Holydays

**LINKS TO ALL THE SERVICES
WILL BE PROVIDED**

From the Ritual Committee

At FJCC, we are committed to preserve the davvening, the liturgy, that has come down to us through the ages, and we are obligated to maintain our standards as a vibrant, egalitarian Conservative synagogue. The United Synagogue of Conservative Judaism (the "Conservative movement"), of which we are a member, offers us approaches and paths that allow us to maintain this balance. It is the role of the synagogue's Ritual Committee to choose the path that fits us best. After long conversations and careful deliberations, the Ritual Committee has decided that the liturgical path that best fits who we are is one that requires all our service leaders to include both the patriarchs and the matriarchs when reciting the Amidah, the Shemoneh Esrei prayer, out loud.

Found on pages 3, 47, 115 and 156 (among others) in our blue, Sim Shalom Siddur, this opening paragraph of the central prayer of our services lists our ancient ancestors. Traditionally, the prayer included only the three patriarchs, or male ancestors, Abraham, Isaac and Jacob. The Sim Shalom offers us the option of including our female ancestors, Sarah, Rebecca, Rachel and Leah, the matriarchs, as well. Starting after the High Holidays, the Ritual Committee requires that all who lead services include the matriarchs when they chant the Amidah out loud. We have concluded that, going forward, our community ought to more fully embrace gender-egalitarian principles in our davvening. In other words, when we list all our male ancestors out loud by name, then we ought to do the same for our female ancestors. While this decision removes the element of choice from our service leaders, the Ritual Committee believes that it enhances our commitment to being an egalitarian, Conservative Jewish community.

Please, contact us if you have questions.

Shanah Tovah!
Shellie Jacobson, Chair
Rabbi Eric Cohen



The Ripple Effect

“...it is our faith in practicing good that redeems us.”

this to mean: when we encounter stories of trust between people, then we can believe such faithfulness reflects a broader principle that operates in our world. This, in turn, arouses the rest of us to value this sense of trust, of faithfulness, and to repeat it in our own relationships. This, Rabbi Goodman argues, is a thousand times more important than any reward or material blessing.

As we approach the High Holidays, we yearn for a new year full of blessings. Our rabbis teach that God will bless us if we behave well, if we follow the Mitzvot, if we live lives of meaning and good purpose. Yet, we all know that good things happen to bad people, and that bad things happen to good people. We are not, each of us, always rewarded for doing good. Rabbi David Goodman, of Rabbis for Human Rights in Israel, writes that the question of “reward and punishment” is complex and difficult. The promises made in the Torah do not correspond to lived experience. One can easily point to many acts of compassion that are not rewarded; and, we see plenty of people acting deceitfully who come away amply rewarded. In light of this contradiction, how can we believe in practicing honesty and justice? Rabbi Goodman cites a Midrash that teaches: “The human ability to be faithful teaches us about the faithfulness of the Holy Blessed One.” He interprets

As modern people, we may not believe that God will favor us with material reward when we follow Divine precepts. BUT, we can believe that acting as God wants us to have a “ripple effect” on everyone and everything around us.

The reward for acting faithfully in our human relationships is... spreading the light of trust and faithfulness to others, and thereby elevating all of our existence to a higher level. Of course, this will not always work. There are plenty of people who will not value this trust. Yet, as we approach the new year, let us consider: it is our faith in practicing good that redeems us, and ultimately reveals God’s faithfulness in the world in which we live.

Shanah Tovah!

-Rabbi

Blogs to Follow - 6

What’s happening in the world of Jews? Well, the internet is for more than online shopping.

Check out what fellow tribe members are discussing online.

You’re Killin’ Me Smalls - 7

See what famous Jew accomplished major league success in the sandlot this month in 1966.

So Much To Do! - 12

The calendar is jam packed with new-year goodness. See you there!

LETTER FROM THE PRESIDENT

Though technically this newsletter is labeled September, under the threat of bodily harm from our taskmaster and editor par excellence, Liz Spinowitz, I am writing this smack in the middle of the summer's heat. I hope you all enjoyed the summer, venturing out for activities severely curtailed last summer by the pandemic. Many of you have shared your plans to get away to Cape Cod, Maine, the eastern seashore, and even overseas.

John and I experienced the joy of connecting with "*mishpocha*" – Jewish kinfolk – on a recent bike ride up to Frenchtown. An older gentleman with a bike Jersey emblazoned with "JCC Krakow" on the back passed us along Rt. 29. Curious to make his acquaintance, I picked up my pace and finally caught up with him in Frenchtown where I inquired about his jersey (and, obliquely, his Jewish roots). He proudly informed me that he had bicycled 100 kilometers in Krakow in 2019 to support their Jewish Community Center, lives in Bucks County, and attends Congregation Ohev Shalom. While schmoozing, a middle-aged couple crossing the bridge into Frenchtown by bicycle, also saw this gentleman's jersey and rode over. Turns out, they were Jews from Texas, visiting family in New Jersey, and staying in Milford, NJ. They hadn't expected to see any Jews in this part of New Jersey and were excited to come upon us! They asked (and were surprised to learn) of the extent of Jewish congregations and services in Hunterdon County! They asked about the availability of kosher food, and we shared information about Shop-Rite and the Kosher Experience which John happily supplied with effusive praise for the FJCC!

A small (but enthusiastic) group of FJCC bikers took part in the FIRST (of what I hope to see as an annual event) Pocono Mountain biking trip early in August. The weather was perfect and the entire group of eight bikers completed the 25-mile trek from White Haven to Jim Thorpe, PA (with a stop for a picnic lunch just past Buttermilk Falls along the trail).

And, though I write this before our annual BBQ Bash, I am confident that it will be a very successful event, thanks to the tireless efforts of the CenterSeries committee. It's incredible how much work this small group of volunteers puts in to create memorable and diverse programming for the FJCC, often at no or minimal cost to our members. This coming year will be filled with talks, concerts, events (Casino Night, Farmland Ride), and, of course, FOOD.

We will shortly usher in the Jewish year of 5782. This year we are in a vastly different place than we were in 2020. Nearly everyone 12 and older in our synagogue is vaccinated and despite the recent rise in COVID transmission, we have returned to the sanctuary for nearly all our services and meetings. I look forward to seeing many of you back in the sanctuary for services; keep in mind that we will not employ Zoom for our High Holiday services; we arranged for our services to be streamed via our streaming service. The streaming link will be provided.

For some High Holiday laughter:

A young boy was standing in the synagogue looking up at a plaque that had a lot of names inscribed with small American flags emblazoned into the design. The Rabbi came over and explained that these are the names of men and women who had died in the service. "Which service," asked the boy, suddenly quite concerned, "Rosh Hashanah or Yom Kippur?"

Said one man to the other after the Rabbi's Yom Kippur sermon on the congregation's myriad of sins: "Well, at least I haven't made any graven images."

And, of course, the old standby of what bread to throw into the water on Rosh Hashana for tashlich:

For ordinary sins: White Bread
 For particularly dark sins: Pumpernickel
 For complex sins: Multi-Grain
 For twisted sins: Pretzels
 For tasteless sins: Rice Cakes
 For sins of indecision: Waffles
 For sins of chutzpah: Fresh Bread
 For substance abuse: Stoned Wheat
 For petty larceny: Stollen
 For committing auto theft: Caraway
 For timidity/cowardice: Milk Toast
 For ill-temperedness: Sourdough
 For silliness, eccentricity: Nut Bread
 For not giving full value: Shortbread
 For telling bad jokes/puns: Corn Bread
 For war-mongering: Kaiser Rolls
 For causing injury to others: Tortes
 For racist attitudes: Crackers
 For being holier than thou: Bagels
 For abrasiveness: Grits
 For dropping in without notice: Popovers
 For over-eating: Stuffing
 For pride and egotism: Puff Pastry
 For laziness: Any long loaf

With gratitude,

Bruce

Bruce L. Moskowitz
 FJCC President



HEBREW SCHOOL

Last year at this time we were busy creating Hebrew School from Home, preparing back to school packets and High Holidays in a Bag. This year we are on track to return to the building for Hebrew School.

Rosh Hashanah High Holiday Jr. Congregation is before the start of Hebrew School. If you haven't returned your Hebrew School paperwork, please get it to us before September 2nd.

Programs in September are as follows:

Rosh HaShanah Jr. Congregation

Yom Kippur Jr. Congregation

New Member Oneg

Family Simchat Torah

Tue. September 7th at 10:30 AM

Thur., September 16th at 11:00 AM

Fri. September 24th at 7:30 PM

Tues. September 28th at 7:00 PM

Look for emails with details for these and other programs.

Right this way

Follow these blogs for a little Jewish insight and lots of "kvel" ideas!

[Breaking Matzo](#) is an online resource with recipes, crafts and more! Check out these Rosh Hoshannah recipes.

Even though they're across the pond, [Jewish Renaissance](#) showcases Jewish art, artists and culture.

Reporting on all things Jewish, including news about Israel and what's #trending, [Jewlicious](#) is where it's at.

This month in Jewish History

Baseball History is made...

Sanford "Sandy" Koufax made his major league debut in June of 1955. An avid basketball player (winning a basketball scholarship to the University of Cincinnati) Sandy could often be found shooting hoops at his local JCC in Brooklyn. Despite his success on the court, baseball scouts courted Sandy, eventually leading to a deal with the Brooklyn Dodgers. Early on during his time on the Dodgers, Koufax struggled...a lack of confidence and injuries frequently gave him trouble. But he came into his own in the early 60s. He broke league records with a number of strikeouts, led the team to successive wins, and ultimately pitched 335^{1/2} innings, winning the Dodgers the pennant in 1965. But when a World Series game landed on Yom Kippur, Koufax gracefully bowed out. He was highly criticized, but when he came back onto the field for Game 7, he threw a three-hit shutout to clinch the series. His performance earned Koufax his second World Series MVP and a second Hickock Belt, the first time a player earned the latter award two times in MLB history.

By 1966, Koufax's arm had taken a beating, and the team physician suggested retirement. Regardless, that year he pitched "323 innings, a 27-9 record, and a 1.73 earned run average. Since then, no left-hander has had more wins, nor a lower earned run average, in a season (Phillies pitcher Steve Carlton matched the 27-win mark in 1972). In the final game of the regular season, the Dodgers had to beat the Phillies to win the pennant. In the second game of a doubleheader, Koufax, throwing on two days rest, pitched a complete game, winning 6-3 to clinch the pennant. He started 41 games (for the second year in a row); only two left-handers started as many games in any season over the ensuing years through 2018."

On September 25th of that year, Koufax made history, along with Ken Holtzman: the first time two of the greatest Jewish pitchers in baseball history squared off against each other (and the only time in their careers). Both pitchers attended synagogue the day before for Yom Kippur services. The rookie Holtzman pitched eight no-hitters that day and beat Koufax 2-1. It was Koufax's last loss of his career in the regular season, even though he still won the Cy Young award.

Sandy Koufax set records in baseball, some of which stand out to this day:

- *Baseball Hall of Fame's youngest member ever elected*
- *First major league pitcher to pitch four no-hitters*
- *Only the eighth pitcher to pitch a perfect game in baseball history*
- *Ranked 7th in baseball history for the number of strikeouts, and ranks second among left-handed pitchers*
- *One in only 5 pitchers elected to the Hall of Fame who had more strikeouts than innings pitched*
- *First pitcher to average fewer than seven hits allowed per nine innings pitched in his career (6.79)*
- *First pitcher to strike out more than nine batters (9.28) per nine innings pitched in his career*
- *Named to the MLB All-Century Team in 1999; one of only 30 players.*
- *In 2010, "Koufax was included among a group of prominent Jewish Americans at the first White House reception in honor of Jewish American Heritage Month."*

With his controversial decisions to avoid playing on high holy days, and his unique talent and ability, Sandy Koufax pitched his way into the Hall of Fame and our Jewish consciousness. Mr. Koufax, at 85 years old, launched a [sports memorabilia website](https://www.sportsmemorabilia.com/) just this year.

Article source: Sandy Koufax. (n.d.). <https://www.jewishvirtuallibrary.org/sandy-koufax>.

Sandy Koufax Official. (n.d.). <https://www.sandykoufax.com/>.

CONTRIBUTIONS

Building Fund

Dena & Gregory Scibilia in honor of In honor of my parents, Alvin Farber and Henrietta Kass Farber's Yahrzeit
 Marsha & Zelic Gerstein in honor of Rabbi Cohen
 Marsha & Zelic Gerstein in memory of Jodi Weitz's brother, Michael Galer
 Marsha & Zelic Gerstein - condolences to Lori Weinstein on the passing of her father Charles Mento

Family Promise Fund

Cathie & Arthur Wetstein Supporting FJCC's long relationship with Family Promise
 Mr. & Mrs. Frederick Rothstein in memory of For the yahrzeit of Abraham Rothstein, beloved father of Rick Rothstein
 Ms. Leslie Reid-Green in memory of Ira Solomon

General Fund

Laurie & Mark Weinstein - Happy Anniversary to Sue and Rick Rothstein
 Marlene & Neal Wolff - To the FJCC
 Mona & Dein Shapiro in honor of Arielle Shapiro Mizrahi and Doron Mizrahi
 Mr Theodoros Toskos & Mrs Stephanie Ledgin-Toskos Barbara H. Ledgin & Norman Ledgin, remembered in sadness and with love

Kiddush Fund

Bruce & Susan Kamich in memory of Jody Weitz's beloved brother, Michael Galer.
 Mr. & Mrs. Edward Winnick for the yahrzeit of Sunny (Sophie) Neustadt, beloved mother of Shahron Winnick

Rabbi Discretionary Fund

Bruce & Susan Kamich in honor of Rabbi's 60th birthday
 Elizabeth & Howard Spinowitz in honor of Surfside Collapse victims
 Florence Friedman Hurwitz & Loren Hurwitz in honor of Rabbi's 60th birthday
 Cindy Shapiro in memory of Unveiling Stanley Rosenberg
 Linda & Jerrold Atlas for the yahrzeit of Joseph Ritwe, beloved uncle of Jerry Atlas
 Nathan Treinish in memory of Iris Ort Auerbacher

Yahrzeit Fund

Kenneth & Elaine Stern in honor of Rabbi's 60th Birthday

WHO'S THAT SISTER?

21 ELUL 5781-24 TISHREI 5782

9

*She's a
fabulous
volunteer!*



The Sisterhood is looking for a few good women.

Programming for the 2021-22 year is being scheduled NOW. Don't miss out – your opportunity to plan events **you want to see** and **how you want to experience them** is just a click away.

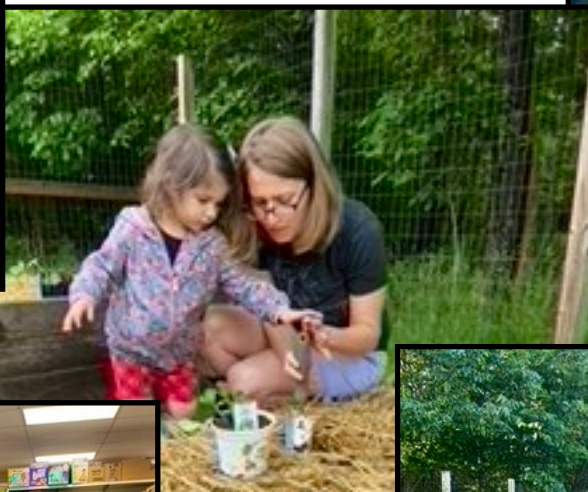
*Click here for the
Wine Tasting in October!*



*Click here for the Gift
Shop* 

This summer, as our Giving Garden bloomed, so did our young people. So many helped in our endeavor to feed our hungry neighbors. Middle and high schoolers helped prepare the beds for the season. Pre-schoolers planted seeds and transplanted the growing plants outdoors. And a huge shout out to Jayna Kawas, Jason Gertzman, Nate Nemeth, Charlotte Byne, Cora Delavaux, Lindsay Rodriguez, and Jake Nemeth for doing everything from watering, weeding, and delivering food to the Flemington Food Pantry. It is magnificent to see our toddlers, pre-teens, teens and young adults joyously performing mitzvot!!!

Giving Garden - The Update
Pam Nemeth



A couple of years ago, Rabbi asked our congregation to make certain changes...even though a largely global problem like global warming seems overwhelming to us on the ground, there are individual choices we can make to lessen our footprint. One of those is to eat less meat. According to the EPA, “when livestock and manure emissions are combined, the Agriculture sector is the largest source of CH₄ emissions in the United States” (“Overview of Greenhouse Gases.” *US EPA*, 27 July 2021, www.epa.gov/ghgemissions/overview-greenhouse-gases#methane).

In response to that request, your editor chose to make a plant-based recipe available in the newsletter. It's been a couple of years, and I hope you've been enjoying the variety of options I have shared.

This month is no different.

In honor of Rosh Hoshannah, please enjoy this recipe from the Interwebs:

Vegan American Princess' Acorn Squash stuffed with Sweet Rice, Currants and Vegetables

This recipe is adapted from *Real Food Daily Cookbook*, but is naturally gluten-free (using Tamari instead of soy sauce), vegan and kosher. Substitute brown rice for a source of high fiber. Shana Tova!

Ingredients

- 4 small acorn squash, halved lengthwise and seeded
- 3 Tbs canola oil
- garlic powder
- sea salt and freshly ground black pepper
- 3 cups water
- 2 cups uncooked short-grain brown rice, rinsed well
- 1 large onion, finely chopped
- 6 stalks celery, chopped
- 3 carrots, peeled and chopped
- 8 oz of white mushrooms, sliced
- 2 Tbs tamari
- 1 cup currants
- 3/4 cup chopped fresh basil
- 1 cup pepitas (shelled pumpkin seeds), toasted and crumbled

Directions

1. Preheat oven to 400 F
2. Acorn squash can be very firm and difficult to halve. To make it easier to slice through, I usually microwave them for about a minute and this makes it so much easier.
3. Brush insides of the squash with the oil and sprinkle with garlic powder, salt and pepper.
4. Arrange the half squashes, hollow side up, on a large heavy baking sheet.

*Plant-based,
gluten free &
kosher...OH MY!*



5. Roast for 45 minutes or until it is tender. Keep warm
6. Meanwhile, cook 2 cups of rice according to instructions.
7. While rice is cooking, heat 2 tablespoons of oil in a large heavy skillet over medium heat.
8. Add the mushrooms, onion, celery and carrots. Sauté for 12 minutes or until vegetables are tender.
9. Stir in tamari, then currants and basil.
10. Stir in cooked rice and season with salt and pepper.
11. Divide the rice mixture among the hot roasted squash
12. Sprinkle toasted pepitas over the stuffing and serve.

Youth Group

SAVE THE DATE



Come meet our new youth group leader, Jordan Gelber!



Learn about our activities and events for 7th – 12th graders!

**THURSDAY, OCT. 7TH
AT 6:30PM**

RIGHT AFTER A SHORTENED HEBREW HIGH



Join Us!



Thursday
Oct. 14
4-6 pm

Register by 10/12

A great opportunity to do a mitzvah together!

Harvest produce
for people in need
in NJ & PA

We will meet at the farm
either in Pittstown or Milford

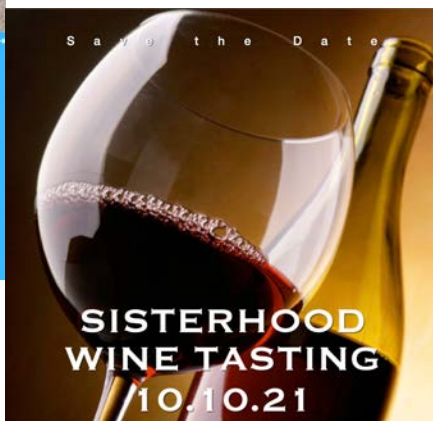
Last year, America's Grow-a-Row
supplied over 2,000,000 lbs
of free, fresh produce



Everyday
Hebrew
for
Adults

WITH ADAH RADZIN
TUESDAYS @ 4PM

F-J-C-C



BIRTHDAYS

1
Bruce Davidson
Arielle Shapiro
Mr. Ray Slavin
2
Amira Kleiman
Stephanie McInerney
4
Mr Matthew Rednor
Mr Stanley Weinstein
5
Aaron Sperling
6
Liam Franklin
Lilah Mason
7
Prof. Jeffrey Doshna
Hoyt Holley
Zachary Nemeth
8
Mark Jacobson
9
Mr Jonathan Ellenberg
Philip Freed

Emily Quinn
11
Zev Forman
12
Jamie Alexander
Jake Nifoussi
Abby Walsh
13
Mrs Kelley Ellenberg
Jordan Alexander
15
Lucy Lipson
16
Mr. Frank Rumore
17
Dr. William Fernekes
Mr. Howard Nifoussi
18
Mr. Edward Winnick
20
Alissa Fox
21
Mrs. Linda Atlas
24
Sam Kohn
Dr. Lawrence Wissner
26

Mr David Goldman
27
David Green
Joshua Sperling
27
Zachary Sperling
29
Evelyn Gabai
30
Mrs. Rosemary Mehrlust

ANNIVERSARIES

14
Deborah & Drew Farber
21
Joel & Sharon Goldstein
21
Randee & Larry Hilzer
24
Jami & Charles Miller
24
Edward & Sharon Winnick

Yahrzeits

1
Louis Gross
2
David Bruce Wasserman
3
Jerry Cohen
Julius Kaminowitz
5
Sarah Neibart
Rose O'Brien
Leo Wolf
6
Ruth Elstein
8
Barbara M. Berg
8
Sally Leezenbaum

8
Samuel Stein
10
Daniel Alexander
12
Max Shuman
13
Abraham Goldstein
Henry Schindler
Sarah Wetstein
14
Sandra Beluch
Leona Braff
16
Werner Frank

17
Thomas Doshna
18
Marion Brooks
Celia Rosenberg
19
Joseph Ritwe
21
Helene Hubert
22
Gloria Barak
Alvin Farber
Miriam Fink
Ida Steinfeld

23
Avram Benari
Frank Stolpen
25
Ritalou Rogow Harris
26
Reuben Billowitz
27
Abraham Chaiken
Alice Rosen
Daniel Shor
29
Edward Alan Cohn
Harvey Goldstein
Sylvia Goodman



Weekly Mah Jong Game coming in October

The Center Series Committee is excited to create a community of Mah Jong players. The weekly game starts October 7th, and will run from 1:00 – 3:30 each Thursday. There will be experienced Mah Jong players to teach you the game. We hope to add an evening game down the road.

Don't have a mah jong card? Don't worry, they will be available to purchase for \$9.00

How much will it cost? \$5.00 cash at the door. Exact change would be greatly appreciated.

Can I bring a friend? You sure can! Members can bring a friend, bring two!

Have questions? Contact Karen Walsh kwalsh@flemingtonjcc.org or Sue Kamich suecolts@gmail.com

The FJCC Family Promise Coordinators want to thank our members for their financial support of our "hosting" of the guests last week. Due to the pandemic, Family Promise guests are currently staying at a nearby hotel. With the generosity of our FJCC membership, we were able to supply four families with all their food, personal care products and other necessities during our usual hosting week. Thank you! We will be in touch again in late November as we plan for our late December 2021 week.



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- Grief support groups
- Valet parking & ADA compliant
- Live funeral webcasting
- Support groups
- Reception services

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David James "D.J." Wright
Owner, Executive Director
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