FJCCFLASH Newsletter of the Flemington Jewish Community Center



<u>Rabbi</u> Eric Cohen

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THIS MONTH:

- September **Preview**
- Back to School!
- Giving Garden
- Activities Galore!

Lifetime Trustees

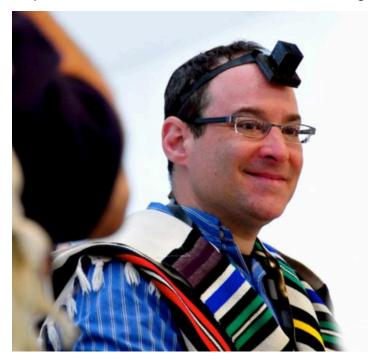
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RABBI'S REFLECTIONS

We have entered the period leading up to the High Holidays. This is a time of introspection. What do we want to fix in our lives? For what do we need Teshuvah? Teshuvah is most often translated as "repentance," but literally means "return." We have wandered from, what...? The path of good? The path of truth? And, we have strayed into ... the territory of wrong-doing? Where have we come from, and where have we ended up? "Returning," in the Jewish tradition, is returning to God, to God's ways, to Godly ways.

Maimonides offers a road map for Teshuvah. The outline looks something like this:

- Recognize and discontinue the improper action: The first step is to stop the sinful act and remove it from one's thoughts, resolving never to repeat it.
- Regret the action: A person must feel genuine remorse for having committed the wrongdoing.
- Verbally confess the action: This involves articulating the wrongdoing and taking responsibility for it. Confession is a positive commandment.
- Resolve for the future: This is a firm commitment to never repeat the destructive behavior again.



According to Maimonides, the highest degree of Teshuvah is achieved when a person finds themself in the same circumstances where they previously sinned, and refrains from doing so only because of their Teshuvah (and not due to fear or physical inability).

RABBI'S REFLECTIONS, cont.

The question arises: What if we don't find ourselves in similar circumstances? Rabbi Alan Lew answers: "(Maimonides teaches that those circumstances) always (find us). The unresolved elements of our lives – the unconscious patterns, the conflicts and problems that seem to arise no matter where we go, or with whom we find ourselves – continue to pull us into the same moral and spiritual circumstances over and over again..." The challenge, for Maimonides, is not to wait for the right moment to do Teshuvah, but to use each moment available to do it. The opportunities find us, not the other way around.

The High Holidays are so important because they offer us the opportunity, the means, to focus on our lives, and change what needs changing. To do so, we must cultivate a sense of being present in the moment, as much as we are able. Each moment is a precious opportunity to right a wrong, to fix something broken. As many of us have been reading Rabbi Lew's book to prepare for the High Holidays, we have learned the importance of cultivating this sense, this attitude. Over the millennia, the Jewish people have fine-tuned their approach to Teshuvah, to returning to the path of Godliness. Let us all use the wisdom of our tradition to grow personally and spiritually, and to support each other in this holy quest.

Shanah Tovah!

Rabbi Eric Cohen rabbi@flemingtonjcc.org





FROM OUR PRESIDENT

I hope all of you are having a great summer. It has been wonderful to speak with many of you about your travels and other activities. For those of you that I have not had an opportunity to speak with, I hope to catch up soon.

At the heart of Jewish life is the principle of kehillah — community. Our synagogue is more than a building; it's a living, breathing network of people who show up for one another. From sitting shiva to being a greeter at the door every act of volunteerism strengthens the fabric of who we are. These quiet acts of giving — often behind the scenes — are what allow us to celebrate, learn, mourn, and grow together.

Volunteering isn't about how much time you have, but how you choose to give of yourself. Whether you're comfortable leading, organizing, or simply lending a hand where it's needed, there's a place for you here. We are a small congregation and don't have the financial resources for a large paid staff. As such, we need volunteers to serve on the FJCC Board, event planning, holiday prep, administrative support, and more. If you are already volunteering, thank you!!!!! If you've been thinking about getting more involved, this is your moment. Join us — not just to help, but to connect, to belong, and to be part of something meaningful.

Talking about meaningful. There's always something meaningful happening at the FJCC and we'd love for you to be part of it. Jewish life is strongest when we show up for one another.

Look at the events coming up this month — and mark your calendars! Your presence makes our community feel more whole.

Also, as a friendly reminder, don't forget to perform and enter your weekly completion of the Mitzvah Challenge in the spreadsheet

Jonathan Nemeth, President president@flemingtonjcc.org

2025 - 5786 High Holiday Information Packet

See Link Below

- Rosh Hashanah Holiday card
- Holiday Seat Information
- Parking Raffle
- Break Fast
- Etrog and Lulav
- Yizkor Book

Completed Forms due by August 20



High Holiday Forms

Deadline: August 20th

https://flemingtonjcc.shulcloud.com/
form/2025-hiho-info-packet.html



HIGH HOLIDAY SERVICES 2025-5786

Rosh Hashanah Services Schedule

Selichot Study Session Services	7:00 PM 8:00 PM	September 13
Rosh Hashanah Services Candle-lighting	6:30 PM 6:38 PM	September 22
Rosh Hashanah Services Jr. Congregation Gan Jr. Congregation Tashlich Evening Service Candle-lighting (from an exist)	8:30 AM 10:00 - 11:30 AM 10:00 - 11:00 AM 6:00 PM 7:30 PM ing flame) 7:35 PM	September 23 Babysitting 10:00 - 11:30 AM
Rosh Hashanah Services	8:30 AM	September 24
* * * *	*	<u>, </u>

Yom Kippur Services Schedule

Erev Yom Kippur Kol Nidre	6:15 PM	October 1
Candle-lighting	6:32 PM	
Yom Kippur		
Services	8:15 AM	October 2
Yizkor	11:00 AM	
Jr. Congregation	11:00 AM-12:30 PM	Babysittin
Gan Jr. Congregation	11:00 AM-12:00 PM	11:00 AM - 12:30 P
Babysitting	11:00 AM-12:30 PM	
Minchah	4:15 PM	
Neilah	5:30 PM	
Fast Ends	7:20 PM	
M A A	- W W W	A DAY

HIGH HOLIDAY SERVICES 2025-5786

Sukkot & Simchat Torah Services

Sukkot Day 1 and 2 October 6 Services 6:00 PM Candle-lighting 6:14 PM October 7 Services 9:15 AM Candle-lighting fr/existing flame 7:12 PM Services 7:30 PM

October 8
Services 9:15 AM

Simchat Torah
October 14
Candle-lighting fr/existing flame 7:01 PM
Services 7:30 PM

October 15
Services 9:15 AM

Hoshanah Rabbah
October 13
Services 9:15 AM

Shemini Atzeret
October 13
Candle-lighting 6:03 PM
Services 7:30 PM

October 14
Services 9:15 AM
Yizkor 10:30 AM





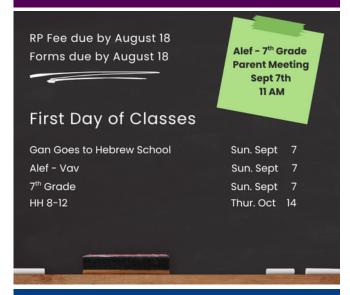
HEBREW SCHOOL

Hebrew School Registration 2025 - 2026

Current Hebrew School students will advance to the next grade.

Gan students who are currently in kindergarten will advance to first grade

To enroll a new student email kwalsh@flemingtonjcc.org



Hebrew School Family Programs



SUN OCT 12 SIMCHAT TORAH CELEBRATION 10:30 AM

> SUN MAR 1 PURIM CELEBRATION 10:00 AM

FRI OCT 7 DEC 12 & JAN 16 TOT SHABBAT 5:30 PM

SAT FEB 6
HAVDALAH
PROGRAM
6:00 PM

SUN DEC 14 Hannukah Story & Puppet Show 10:00 Am

SUN JAN 25 VISIT THE FOOD PANTRY 10:00 AM

Billing 2025 - 2026

The Tuition and Hebrew School Registration Fee will appear on your June statement

Hebrew School Registration Fee is due by August 1st

For financial arrangements: email treasurer@flemingtonjcc.org





Questions? Contact Mrs. Walsh at KWalsh@FlemingtonJCC.org

FJCC GIVING GARDEN



Want to see what 62 pounds of smiles and happy bellies looks like? Check out what our FJCC Giving Garden gave the Flemington Food Pantry the first four weeks of July!!!!

That's 62 pounds of gorgeous Kale, Basil, Okra, Squashes, Tomatoes, Bok Choi, Beens, Peas and Cucumbers.

Thank you to Virgie and Donna Drewes for harvesting and weeding, Rich Goldstein for creating a platform for our shed, and Nathan Lefkow for drip line repair.

Helpers are very much needed. Just 30 minutes will make a difference while helping you connect with nature!!! Please contact Pam Nemeth at pambn@comcast.net with questions and to volunteer.

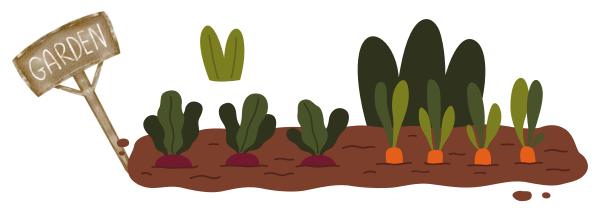






FJCC GIVING GARDEN





PAST EVENTS JULY- KYOTO











PAST EVENTS



This was our most successful Farmland Ride ever! We had 134 riders preregistered and another 15 joining on the day of the event.

The weather was superb and riders shared their enjoyment of the event with the staff we had at the registration tables at the FJCC and at the two rest areas in Frenchtown and East Amwell.

Much appreciation goes to our loyal and hardworking volunteers who made this event the success that it was, and to our sponsors for their financial support.

Hold the date – June 14th for our 2026 Farmland Ride!

Questions? Contact the co-Chairs, Dena K.Scibilia and Mitch Clarin, at farmlandride@gmail.com







Photos courtesy of
Kevin Jarrett
Instagram

@TwoZeroDeltaThree

PAST EVENTS

Photos courtesy of Kevin Jarrett Instagram @TwoZeroDeltaThree













PAST EVENTS MAY- VIVA MEXICO









JULY/AUGUST 2025 | 5 TAMUZ- 7 ELUL 5785



Sun	Mon	Tue	Wed	Thu		Fri	Sat
29	30	1	2		3	4	
am - Sunday Morning	10:30am - Bridge	11am - Yoga in the Social		1pm - Mah Jongg	90	Independence Day	9:15am - Shabbat service
12:30pm - Interfaith	5pm - CS LT Meeting	5:45pm - Security Meeting		7:30pm - Bridge		OFFICE CLOSED	
		7:30pm - Genealogy				7:30pm - kabbalat shabat	
6	7	8	9		10	11	12
am - Sunday Morning	10:30am - Bridge	11am - Yoga in the Social		1pm - Mah Jongg		7:30pm - kabbalat shabat	Cohen-Lee Kiddush
	1pm - Parshat Hashavuah 7pm - EB meeting	7pm - Center Series		7:30pm - Bridge			9:15am - Shabbat service
13 17th of Tammuz 9am - Sunday Morning	14 10:30am - Bridge	15 11am - Yoga in the Social	7:30pm - BoT Meeting	1pm - Mah Jongg 7:30pm - Bridge	17	Schindler Oneg 7:30pm - kabbalat shabat	119:15am - Shabbat service
20	21	22	23		24	25	28
9am - Sunday Morning	10:30am - Bridge	11am - Yoga in the Social		1pm - Mah Jongg		Walsh Oneg	Kleiman Kiddush
				7:30pm - Bridge		7:30pm - kabbalat shabat	9:15am - Shabbat service
27	28	29	30		31	1	2
9am - Sunday Morning	10:30am - Bridge	11am - Yoga in the Social		1pm - Mah Jongg 7:30pm - Bridge		7:30pm - kabbalat shabat	Tisha B'Av Eve 9:15am - Shabbat service







JULY/AUGUST 2025 | 5 TAMUZ- 7 ELUL 5785



Sun	Mon		Tue		Thu		Fri	Sat
27		28	29	30		31	1	2
9am - Sunday Morning	10:30am - Bridge		11am - Yoga in the Social		1pm - Mah Jongg		7:30pm - kabbalat shabat	Tisha B'Av Eve
					7:30pm - Bridge			9:15am - Shabbat service
3		4	5	6		7	8	9
Tisha B'Av	10:30am - Bridge		11am - Yoga in the Social		1pm - Mah Jongg		7:30pm - kabbalat shabat	Michael Goldman Aufruf
9am - Sunday Morning			7:30pm - Genealogy		7:30pm - Bridge			9:15am - Shabbat service
10		11	12	13		14	15	16
9am - Sunday Morning	10:30am - Bridge		11am - Yoga in the Social		1pm - Mah Jongg		7:30pm - kabbalat shabat	9:15am - Shabbat service
			5:45pm - Security Meeting 7pm - Center Series		7:30pm - Bridge			
17		18	19	20		21	22	23
9am - Sunday Morning	10:30am - Bridge		11am - Yoga in the Social	7:30pm - BoT Meeting	1pm - Mah Jongg 7:30pm - Bridge		Doshna Shabbat Dinner 7:30pm - kabbalat shabat	9:15am - Alumni Led 9:15am - Shabbat service
24		25	26	27		28	29	30
9am - Sunday Morning 11am - Preparing the	10:30am - Bridge		11am - Yoga in the Social		1pm - Mah Jongg 7:30pm - Bridge		7:30pm - kabbalat shabat	9:15am - Shabbat service
31		1	2	3		4	5	6
9am - Sunday Morning	Labor Day	-	11am - Yoga in the Social		1pm - Mah Jongg		7:30pm - kabbalat shabat	9:15am - Shabbat service
	Office Closed		7:30pm - Genealogy		7:30pm - Bridge			
	10:30am - Bridge							

Tisha B'Av

Tisha B'Av marks the anniversary of the darkest moments in Jewish history, including the destruction of both Temples in Jerusalem. The day is traditionally commemorated with services and fasting.

- Tisha B'Av services will be held: Saturday night, August 2nd at 8 PM
- Sunday morning, August 3rd at 9 AM
- Sunday evening, August 3rd at 8 PM

The Fast begins Saturday evening, August 2nd at 8:13 PM
The Fast ends Sunday evening, August 3rd at 8:48 PM

Our 100 Year Anniversary

99 years ago, Jewish immigrants, primarily from eastern Europe and Russia, founded the Flemington Jewish Community Center. They'd come to Hunterdon County to escaped poverty, danger and widespread state-sponsored persecution.

It was important for these families to create a Jewish community here. Initially, services were conducted in members' homes, however, they wanted more. They wanted a building of their own. So they worked hard and saved and eventually opened the first Flemington Jewish Community Center building to conduct services and create a home for culture and community.

The beautiful building we are in now is the evolution of our founders' dreams. To honor their memory and those who have given so much so we have what we have today, a series of events are being planned to take place over the 100 weeks leading up to a 100-year Anniversary Gala in December 2026. In August, there will be the following two events:

- Saturday, August 23rd at 9.15 AM, FJCC Hebrew School Alumni will lead services in commemoration of Rabbi Jaffe's 10th Yahrzeit.
- Sunday, August 24th at 11.00 AM, the FJCC will assemble items for a time capsule that future generations will open in 25 years.

At the gathering, you will be able to purchase flash drives for \$32 to place your memories or small boxes to place items for \$64. There will also be films and storytelling about the 100-year history of the FJCC. We hope that you will take part in these celebration (registration is required for security purposes and to accurately purchase food).

The 100th Anniversary celebration is a community-wide event, so please invite your families, former members, and anyone else that has been involved with the FJCC over the years. In addition, if you have any ideas to make this milestone more celebratory or want to get involved in the preparations, please let me know.

Jonathan Nemeth, President president@flemingtonjcc.org

Our 100 Year Anniversary



FLEMINGTON JEWISH COMMUNITY CENTER • 100 YEAR ANNIVERSARY 1926 - 2026

On Saturday, August 23rd at 9:15 am, FJCC Hebrew School alumni will lead services in commemoration of Rabbi Jaffe's 10th Yahrzeit

On Sunday, August 24th at 11:00 am, the FJCC will assemble items for a time capsule that future generations will open





Hebrew School Alumni Registration: https://tinyurl.com/HS-Alumni-Registration



Registration Required: https://tinyurl.com/FJCC-Event-Registration



FJCC'S FUTURE ANNIVERSARY EVENTS

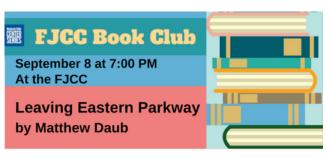
DAFFODIL PLANTING: OCTOBER 12, 2025 COMMEMORATIVE BRICK PROJECT: WINTER 2026 FJCC CENTENNIAL GALA: DECEMBER 5, 2026

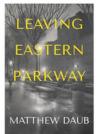
> Flemington Jewish Community Center 5 Sergeantsville Road Flemington, NJ 08822 908-782-6410

Donations to the 100th Anniversary: https://tinyurl.com/FJCC-Donations

UPCOMING EVENTS



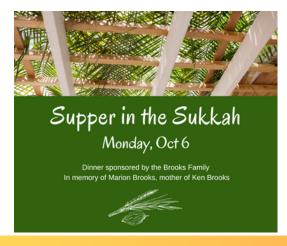




Brooklyn's Hasidic community of Lubavitchers is turned upside down when family tragedy strikes and everyday life changes forever in the life of Zev Altshul.

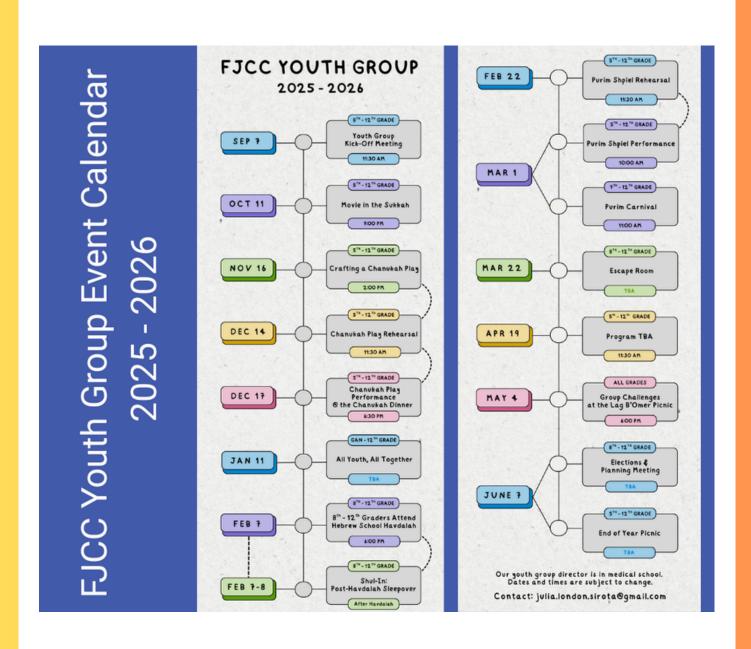






Register for events on ShulCloud.

YOUTH GROUP



QUESTIONS? WANT TO JOIN?
CONTACT JULIA SIROTA, YOUTH GROUP LEADER, AT
JULIA.LONDON.SIROTA@GMAIL.COM

ONGOING EVENTS-join us!

Not Just for Seniors



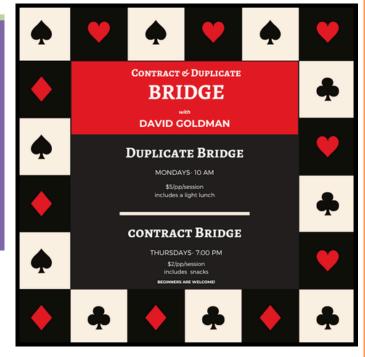


Thursdays, 1-3:30

\$5 cash at door

New & Experienced Players Welcome!

Bring friends





Contact Karen Walsh



DINNER IS SERVED FJCC Dinner Club



Happy Birthday

July 2-Craig Schindler, Marce Zuchovicki

July 4- Shira Engle-Friedman, Joyce Nahama, David Rothstein

July 5 - Becky Lefkow

July 6- David Cohn, Samuel Doshna, Nadine Goldman, Nathanial

Mehrlust

July 7- Jacob Stirberg, Terri Zucker

July 8- Stacy St. Pierre

July 9 - Austin Rednor

July 10- Judith Leibowitz, Sharon Rednor

July 11- Amy Cook, Ross Holley

July 13- Cory Franklin, Harry Rapkin, Ian Weitz

July 14- Arielle Engle-Friedman, Alisa Grossman

July 15 - Denise Vasquez

July 16- Jeffrey Marshall, Adrienne Scibilia

July 17 - Michael Goldman, Bruce Moskovitz, Jonathan Treinish

July 19 - Judit Heffron

July 22 - Nadine Milecofsky

July 25 - George Ollwerther

July 26- Raymond Bragin

August 3- Jessica Ort

August 6- Matthew Shankoff

August 7 - Susan Karnich, Melissa Kleiman

August 8 - Daniel Gavzy

August 11 - Barbara Thomas

August 14- Stacey Wetstein

August 16- Richard Goldstein, Neil Pollack

August 19 - Erika Ollwerther

August 20- Drew Farber, Debbie Hylton

August 21 - Anneliese Nifoussi, Jodi Weitz

August 22 - Zachary Kesselhaut

August 24- Landon Jampel

August 25 - Sheila Fernekes, Chase Martoccia, Alissa McInerney

August 26 - Samantha Muller

August 27 - Jacqueline Kestenbaum, Justin Nahama, Garry Rodriguez

August 28 - Gerald Grossman

August 29 - Julius Kawarsky

August 30 - Jeremy Silberman

August 31 - Alissa Shankoff, Hunter St. Pierre



July 1-Ken and Sharon Brooks, Ed and Rosemary Mehrlust

July 4- Matt and Cheryl Schutz

July 5- Eric Sirota and Cara London

July 7- Hoyt and Reba Holley

July 11- Phil and Evelyn Stern, Adam and Larissa Wolf

August 5- Jonathan and Jodi Weitz

August 11- Michael and Carol Wolf

August 12- David and Carolyn Goldman

August 19- Mitch and Barbara Clarin

August 23 - Rick and Sue Rothstein

August 30- Jonathan and Pam Nemeth, Alan and Adah Radzin



YAHRZEITS

July 1- Bruce Newrock July 2- Barbara Friedman, Helen Handler July 3- Miriam Lily Rednor July 5- H. Ronald Treinish July 9- Michael Galer, Judith Weinstein July 11- Jesse Mehrlust July 12 - David Quinn July 13- Harry Lehrer, Sheila Neibart, Leon Suslow July 14 - Louis Hurwitz, Eldie Simon July 15-Shirley Cohen July 18- Edna Goldstein, Isaac Mizrahi July 19- Daniel Doshna July 23- Sarah Doshna July 26 - Beatrice Klein July 29 - Allan Goodman July 29- Ozzie Nahama, Pauline Pianelli <mark>July</mark> 30- Herbe<mark>r</mark>t Dvo<mark>o</mark>r July 31- Reba Chaiken, Ruth Naar August 1- Ira Siegel August 5- Anna Kanter August 8- Lillian Shapiro August 10- Bertha Kreisler August 12- Sarah Rubin August 13 - Renee Gold, Maurice Suess August 14- Abraham Rothstein, Benjamin Rubin, Benjamin Wetstein August 15 - Eva Cohen, Sophie Sunny Neustadt August 19 - Saul Golowner August 20 - Elizabeth Chalkin August 21- Rabbi Evan A Jaffe August 23- Edward Charen, Robin Goldfin August 24- Gerald Cohen, Ruth Wolf August 25 - Leonard Goldenberg August 26- Lilie Gerber, Joanna Goldman, Leonard Kaminsky, Rita Rednor August 28 - Esther Bragin August 29- Frieda Frant, Theodore London August 30- Bertha Kahansky

Contributions

Kiddush/Oneg/Nosh

Lesley Cohen-Lee and Cliff Lee

For the yahrzeit of Lesley's mom Shirley Cohen

Evie and Phil Stern

In celebration of Evie & Phil's anniversary

Karen Walsh

in memory of her grandmother, Beatrice Klein, and in honor of her new grandson, Finn Erez Walsh.

Melissa and Fred Kleiman

For the yahrzeit of Ira Seigel, beloved father of Melissa, and to honor their move from Flemington

Scott Schindler

For the yahrzeit of Joyce Schindler

General Donations

Judy Gold

Renee Gold, beloved mother of Judy Gold

Mitchell and Barbara Clarin

- In memory of Judith Gerstein, beloved sister of Zel
- In memory of Bruce Newrock, beloved husband of Flo

100th Year Celebration

Marlene Dvoor

My Father Herbert Dvoor

FJCC Cares

Judy Gold

For the yahrzeit of Renee Gold, beloved mother of Judy

Contributions

Rabbi's Discretionary Fund

Marlene Dvoor

For the yahrzeits of Ida & Herbert Dvoor, beloved grandparents of Marlene Dvoor

Jamie Evans

In honor of Rabbi Cohen for his interesting and informative adult education classes.

Elaine Dreskin

Diane and Stuart Naar

In honor of what would have been Ruth Naar's 100th Birthday on August 4, 2025.

Linda & Jerry Atlas

- For the yahrzeit of Isadore Kanter, beloved father of Linda Atlas
- In honor of the birthday of Rabbi Eric Cohen
- In memory of Judith Sandra Gerstein, beloved sister of Zel Gerstein
- In memory of Robert Horowitz, beloved father of Terri Zucker
- In memory of Harry Skip Ungar, beloved father of Michael

Jonathan and Karen Stirberg

Family Promise

Eric and Jane Wasserman

In memory of Zel's beloved sister Judith Gerstein

Mitchell and Barbara Clarin

Donation

Judy Gold

In memory of Judith Sandra Gerstein, beloved sister of Zel Gerstein

Contributions

Building Fund

Marsha and Zel Gerstein

- In memory of Bruce Newrock, beloved husband of Flo Newrock. May the Newrock family be comforted among the mourners of Zion and Jerusalem.
- In memory of Samuel Baranoff, beloved grandson of Shellie Jacobson. May the Jacobson family be comforted among the mourners of Zion and Jerusalem.
- Mazel Tov to Tiferet and Michael on their upcoming wedding.

David Neibart

In memory of Judith Gerstein, beloved sister of Zel

Rabbi Jaffe's 10th Yahrzeit

Marlene Dyoor

M. Singer

Jonathan and Kelley Ellenberg

Kaitlin Auriemma

Advertise here!

